What is Mentoring?
Mentoring is a five-course meal. The appetizer is the mentor’s self-awareness and willingness to help. The salad is the mentor’s understanding of the mentee’s journey and goals. The soup is the act of the mentor creating a supportive environment and the mentee diagnosing, planning, implementing, and evaluating his or her own learning. The entrée is the learning process itself. Dessert is the realization that the mentor and mentee are co-learners who both benefit and grow from the relationship.

Why be a Mentor?
You should be a mentor because as Winston Churchill said, “We make a living by what we get. We make a life by what we give.” Mentoring can be just the vitamin you need to re-energize your career.

Who can be a Mentor?
You. You’ve lived. You’ve worked. You’ve failed. You’ve been scared. You’ve trained. You’ve succeeded. Why not lend a hand to someone coming up behind you who could really use the support? Don’t you think it’s time to start giving back?

“But I’m too busy.” We all have 24 hours in a day, and our priorities are defined by the choices we make. Are you truly too busy to share your passion, make a difference in someone’s life, and leave a legacy?

“But I’m not worthy.” Nonsense! Remember everything you have faced, all the battles you have won, and all the fears you have overcome. Besides, you don’t have to be a know-it-all; you can always ask for help when you don’t know the answer. Your willingness to help will lift you over any hurdles of expertise you may face.

Who can be a Mentee?
You. You need connections. You need encouragement. You need constructive criticism. Why not knock on the door of someone who has been there before you and is willing to help? Don’t you think it’s time to stop trying to do things in a vacuum?

“But I don’t want to bother anyone.” If you feel weak, needy, or incompetent asking for help, you are not alone. You are human.

“But I’m not worthy.” A false sense of modesty is not a confidence builder. You have just as much value as the person you are asking to be your mentor.

How do I Mentor Someone?
Mentoring someone is like being a tour guide. The mentor shows the mentee the way by leading or advising him or her on what’s important, what to avoid, who to meet, where to look, etc. The mentor acts as a GPS to the mentee, but in this case, GPS doesn’t stand for Global Positioning System; it stands for Goals, Priorities, and Strategy.
Steven Spielberg said, “The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves.”

Mentoring can taste as sweet as hope, sound like encouragement, and feel like electricity. It’s time to share that spark that originally led you to choose your career.

**When should I sign up to be a mentor?**
Do it now. The entire STC IDL SIG is holding its breath awaiting your decision! Carpe diem.

**How do I Sign Up to be a Mentor?**
Do the following:

1. Go to the STC Mentor Board (http://mentorboard.careerwebsite.com/stc.)
2. Register and validate your account, or if you are a returning user, simply log in.
3. Create your Mentor and/or Mentee profile(s).
4. Search through Mentor and/or Mentee profiles and initiate contact with individuals who meet the criteria you seek.
First, you’ll register in the Mentoring Center. You can sign up as both mentor and mentee using the same account.

Create a New Profile:

Create a new profile and become a Mentor or Mentee!
Register once and use the same login credentials to create and access Mentor or Mentee accounts.

Mentor Registration  Mentee Registration

Enter your name and e-mail address, create a password, and check the boxes as necessary. Note that your e-mail address will remain hidden; all communication will be done through the STC portal.

New Users:

First name: Saul
Last name: Berenson
Email: sberenson@homeland.com
Re-enter Email: sberenson@homeland.com
Choose a Password: ************

Your password must be at least 6 characters.
Re-enter Password: ************

Check here to indicate that you have read and agree to the terms of the Usage Agreement and Privacy Policy.
Receive occasional emails about new services, updates, promotions etc.

Create New
Once you confirm your e-mail address, you can log in and complete the form to create your profile. The Mentoring Center will use your information to connect you to potential mentors or mentees.

So that we can find each other, please be sure to enter “IDL SIG” as a Keyword.

Once you have set up an account, you can search for mentor or mentee opportunities and others can search for you.

We hope to see you soon on the Mentor Board! Please address any questions or concerns to mentoring@stcidlsig.org.