# Inclusive language

### Overview

There are several common terms used in business and technology which reflect cultural bias, especially regarding race. In fact, some of these terms can't be understood without also comprehending the implied bias they reference. When we use these terms, it can cause some of our colleagues and customers to feel unwelcome or disrespected. These and other microaggressions add up over time to cause real hurt to real people.

Our company values diversity and inclusion. We recognize that our words have real impacts, so we'll try our best to avoid using problematic terms. This isn't because we're trying to appear "woke" or follow a trend—we genuinely want to treat people better. It's simply the right thing to do.

This document lists several problematic terms and suggested alternatives. Some may seem "nitpicky", and you may even disagree that some are problematic. But instead of defending the terms, please accept that some people are hurt by these terms regardless. This isn't about policing anyone's thoughts and language—it's about courtesy and avoiding harm we never wanted to cause.

We all absorb bias from the culture around us, and we've *all* used some of the terms on this list without realizing there was a problem. That's okay! And since none of us are perfect, we'll slip up and still use them sometimes. That doesn't make anyone a bad person, and mistakes won't result in disciplinary action. Habits are just hard to change. What's important is that we keep trying.

**Tip:** Instead of trying to memorize these terms, focus on understanding the explanations. It's easier to avoid problematic terms by understanding *how* they can cause harm.

### Terms

#### Race

Problematic	Suggestions	Explanation
Master / Slave	Primary / Secondary	Slavery is one of the world's great
	Leader / Follower	evils. It inflicted enormous harm
	Parent / Child	on several generations of Black
	Main / Replica	people, impacted many other
	Producer / Consumer	groups throughout history, and
		still exists today in the form of
		human trafficking.
Master	Expert (for a person)	"Master" is connected to slavery,
	Leader (for a person)	so try to avoid it when describing
		a person. Many companies are
	Main (for a branch)	also removing this term from
	Trunk (for a branch)	code repositories, such as GitHub
		(Microsoft) and Android (Google).
	Principal (for data)	
		Make an exception if there's
		genuinely no good alternative,
		such as a "master's degree".

Whitelist / Blacklist	Allow list / Deny list	The term depends on
	Include / Exclude	understanding the untrue notion
		that "white is good, black is bad".
White hat / Black hat	Tester / Intruder	The term depends on
	Security professional / Attacker	understanding the untrue notion
White box / Black box	Clear / Opaque	that "white is good, black is bad". The term is used to describe
	Open / Closed	whether the internal function of
	Visible / Hidden	something can be observed. It
		reinforces the biased notion that
		Black people "have something to
		hide" while white people don't. It
		also subtly and falsely suggests
		that a Black person's decision-
Crandfatharad (ar grandfathar	Logony	making can't be understood. This references Black voter
Grandfathered (or grandfather clause)	Legacy Exempt	suppression laws enacted during
clause	Exception	the US Jim Crow era.
Native	Built-in	Use with caution. When used to
	Original	contrast a feature with a third-
	First-party	party replacement, it sends a
	[Name of vendor]'s (e.g.	subtle message that "Native isn't
	Microsoft's, Oracle's, etc.)	good enough" which can
		disparage Indigenous people.
First-class citizen	Core feature Built-in	This term normalizes the idea of
	Top-level	treating some groups of people as lesser than others.
Guru	Expert	This is a Buddhist and Hindu term
Guid	Authority	for a revered spiritual leader.
	Mentor	Using it in other contexts may be
		disrespectful.
Token (when referring to people)		It's fine to use "token" when
		discussing technical interactions
		(such as authentication), but it's
		denigrating to describe a person
Tribe	Group	as a "token [minority]". Using this term casually
	Squad	diminishes the importance of
	Crew	tribal association for Indigenous
		peoples.
Tribal knowledge	Institutional knowledge	Using this term casually
	Group understanding	diminishes the importance of
	Unwritten rules	tribal association for Indigenous peoples.
Totem pole (e.g. "low on the	Ranking	Totem poles typically have
totem pole")	Hierarchy	complex symbolic meanings. This
		use of the term is based in

		misunderstanding and lack of respect for Indigenous people of the Pacific Northwest.
Pow-wow	Huddle Meeting	Using this term for business meetings disparages the important cultural gatherings of some Native Americans.
Spirit animal		This references a religious or spiritual concept among some Native Americans. Misusing it contributes to cultural erasure.
Hold down the fort / Circle the wagons	Watch Secure Protect On-call	These terms originated with colonizers protecting literal forts and wagons from what they saw as "vicious" and "intruding" Native Americans.
On the warpath	Angry Furious	This term comes from the disrespectful stereotype of Native Americans as hostile, warlike, and primitive.

## Disability

Problematic	Suggestions	Explanation
Blindly	Carelessly	Visual impairments do not make
	Thoughtlessly	people incapable of good
	Ignorantly	decision-making.
Fell on deaf ears	Disregarded	Hearing impairments do not
	Refused to consider	make people unwilling to
	Paid no attention	consider ideas.
Sanity check	Safety check	This term stigmatizes mental
	Double-check	illness.
	Verify reasonableness	
	Smoke test	
	Quick check	
	Second opinion	
Crazy / Insane	Unreal	These terms stigmatize mental
	Ridiculous	illness and may be considered
	Baffling	offensive by some within the
	Absurd	community.
Dummy value (or variable)	Placeholder	"Dummy" and similar terms
	Example	stigmatize mental disabilities. The
		alternatives are clearer.
Crippled	Impacted performance	This term stigmatizes physical
	Degraded performance	disabilities and is widely
	Slowed down	considered offense (though some
	Inoperable	disabled people are reclaiming it).

Lame	Poor	This term stigmatizes people who
	Shoddy	have difficulty walking.
	Foolish	

Gender and age

Problematic	Suggestions	Explanation
Guys	Everyone	"Guys" is not inclusive of women.
	Folks	Although many women are fine
	You / You all	with it, many others are not.
Girls	Women	In the workplace, this implies
		women are "less than" adults.
Grandmother (when referring to	Novice	Phrases like "so easy your
ease of use)	Beginner	grandmother can use it" imply
	Inexperienced	that older people, particularly
		women, can't be experienced and
		competent with technology.
Male / Female (when referring to	Plug / Port	This is a sexual reference which
connections)	Connector / Socket	reinforces heteronormativity and
		marginalizes transgender people.
Ninja / Rock star (when referring	Expert	When used in job postings, these
to skill level)	Highly skilled	terms tend to alienate women.
	Talented	
Fork		It's fine to use "fork" in reference
		to source control systems, but
		avoid using it in an inappropriate
		sexual sense.

## Other

Problematic	Suggestions	Explanation
Culture fit		This is often used to dismiss
		people that seem "different" in
		some hard-to-explain way. If we
		can't explain the reason, it's likely
		bias.
Diversity hire		This term implies that a person
		was hired to "check a box", not
		for their skills and expertise.
Politically Correct / PC	Respectful	This term is used as a pejorative
	Kind	when prioritizing the convenience
	Welcoming	of the speaker over the hurt
	Inclusive	caused to anyone else. We
	Considerate	choose to make this effort not for
		appearances or to mollify
		anyone, but because trying to

treat people better is simply the
right thing to do.

### Reminding others

When others use problematic terms, it's generally good to remind them that we prefer other terms. However, this must always be done **gently**. Our goal is to become a more positive and inclusive company, **not** to shame or embarrass each other for honest mistakes.

If you're on the receiving end of a reminder, it's common to feel defensive or guilty. That's okay, it's human nature. Try to take a step back and remember that we're *all* working on this. No one will assume that you wanted to harm anyone. The best response is to say "thank you" or "sorry", then move on and try to do better next time.

### Examples

In a conversation among two or three people, someone refers to a whitelist. You could simply interject "oh, right, the allow list".

In a team meeting about a new rule, your manager says a client is grandfathered into the old rule. You might ask "could we call that a legacy exception instead?"

In a meeting with a client, your colleague talks about replacing a system's native functionality. Instead of interrupting and embarrassing them, you could offer a subtle reminder by referring to built-in functionality when it's your turn to speak.

In a company-wide meeting, the presenter might use a problematic term. They might notice their mistake and self-correct. If they continue using the problematic term, you could send a private reminder after the meeting if you're comfortable doing so. But in general, wait until after the meeting to avoid disrupting or distracting the presenter.

### Limitations

It's impossible to list every problematic term, and such a long list wouldn't be very usable. This list prioritizes terms used frequently in tech and a few of the more common terms used in business generally. Further, it was compiled by a white person in North America so there may be some important omissions due to simple ignorance (despite having asked others for feedback).

### Additional resources

- <u>Microsoft style guide: Bias-free communication</u>
- Accessibility style guide by Alexandra White
- Words Matter: Finally, Tech Looks at Removing Exclusionary Language
- Dictionary.com: Stop Using These Phrases (Use These Synonyms Instead)

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